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CHARGE

Interpretations of the use of plants in Finland

E

E = Ei uuselintarvike / NOT NOVEL IN FOOD

The plant and the plant part are known to have been consumed as food within the EU to a significant extent before 1997, and their use is permitted in all food products.

R

R = Ei uuselintarvike ravintolisissä / NOT NOVEL IN FOOD SUPPLEMENTS

The plant and the plant part are known to have been used as food supplements within the EU to a significant extent before 1997, and their use is permitted in food supplements.

Y

Y = Yrttitee / HERBAL TEA

Herbal tea refers to an infused beverage prepared by water extraction from a fresh or dried plant or plant part and consumed in the same way as tea or coffee.

M

M = Mauste / SPICE

A spice means a fresh or dried plant or plant part that is used in small quantities (not exceeding a few percent of the weight or volume of the product) and added to food for flavoring purposes.

A

A = Annoskoriste / GARNISH

A garnish means an edible plant or plant part used to finish or decorate dishes, pastries and similar food products.

https://www.arktisetaromit.fi/content/uploads/2026/10/Luonnonkasvien-uuselintarvikestatus.pdf